PROBUS CLUB OF CLARINGTON

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Next Meeting and Upcoming Speakers

Our next meeting is Wednesday, September 5 at The Salvation Army Community Church Hall, 75 Liberty Street South, Bowmanville.

Michelle Davis is the Community Engagement Specialist at Tweed, Canada's largest licensed producer of cannabis for medical purposes.

For more information, see Page 2.

A special welcome to the newest members of our PROBUS family. For list of new members, see P. 8

President's Message for September

You've gotta be there!

That's the dictum of serious photographers. You can't get that great shot if you're not there. Great opportunities for great shots don't fall into your lap; you've got to get out. **You've gotta be** *there!*

This dictum also applies to other things, including PROBUS. *You've gotta be there!*

We had an excellent illustration of this on a recent urban walk in the environs of the Port Whitby Marina. While we were walking there, an interesting boat docked at the marina and we were able to take pictures and talk to at least one of the crew. HMCS Oriole is the sail-training vessel of the Royal Canadian Navy, normally based in Halifax. It's a 31-metre ketch that was built in Toronto in 1921 for George Gooderham when he was Commodore of the Royal Canadian Yacht Club (and President of Gooderham and Worts).

The Royal Canadian Navy acquired the Oriole in 1943. The ship is currently on a tour of the Great Lakes with eighteen sailing trainees on board. It was completely serendipitous that it should have docked in Whitby while we were walking in the area. Only those who were out on the walk got to see it. (Although you can see some photos on pages 4 & 5.) **You shoulda been there!**

This is an encouragement to our members to be engaged in our activities. You won't see George Aitken hit a hole in one (a very long shot I'm told) unless you're out with our golfing group. Nor can you enjoy Stella Dorsman's excellent maple baked beans if you're not part of the potluck dinner group.

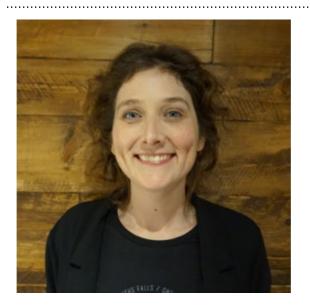
If you haven't already, join one of our interest groups, or start a new one. Check out our current list of interest groups on Pages 2 to 5 of the newsletter, or sign up at our September 5th meeting.

Who knows what new experiences are in store for you?

Paul Halliday

September 2018

Upcoming September Speaker: Michelle Davis



Michelle Davis is the Community Engagement Specialist at Tweed, Canada's largest licensed producer of cannabis for medical purposes. She educates and builds meaningful relationships with patient organizations, caregivers, social services providers and more, furthering the public's understanding of quality cannabis products, services and therapeutic applications. She also builds awareness of Canada's medical cannabis system and associated healthcare resources.

Michelle holds a Bachelor's Degree in Biological Science and has experience within the company working as a grower previous to community engagement. She enjoys discussing all aspects of the cannabis industry, focusing on cannabis education and awareness. Michelle is based in Toronto.

For more information about Tweed, visit <u>https://www.tweed.com/</u>

Interest Groups - News from John Muzik

September is upon us and that means our summer interest groups will be winding down. But don't put away those golf clubs, or hiking boots just yet. I'm sure there will be plenty of nice days ahead of us. The interest groups that have been on summer hiatus will soon be starting up again. Coordinators will be contacting their members with start up dates and times in the near future.

I'm looking forward to some new groups staring up in the fall. I will keep you posted. I had one idea for a new group at the last meeting – astronomy. If there are stargazers out there, come and see me at the Special Interest Groups table at the September meeting.

The following is a list of the current Special Interest Groups:

Billiards: October – May. Meets on the first Thursday of the month at Shooters in Bowmanville. Contact Caroline Charman

Bird Watching: Meet monthly to visit bird hot spots to find migrating and resident birds. Monthly meeting date (to be determined). **Contact John Muzik**

Book Club III: Meets on the first Thursday of the month at the Bowmanville Library. *Contact Susan Wood or Susan Hollyman*

Breakfast Meet: Time: 9:00-11:00 AM Third Wednesday of every month. Location to be determined on a monthly basis. *Contact Joan Pumphrey*

Euchre: Third Thursday of the month from 1:00 - 4:00 pm. Games will be hosted in each other's homes on a rotating basis. **Contact Joan Pumphrey**

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Fiber Arts: Meets on the fourth Monday of the month. If you are interested in needlework of any kind sign up for this group. **Contact Stella Dorsman**



Joan Seaton, Stella Dorsman, Dawn Aitken and Anne-Marie Halliday, members of the Fibre Arts Interest Group, were inspired by the more than 275 modern and traditional quilts at Pioneer Village's annual quilt show in Toronto. And now that they have seen the shoe quilt (pictured below) they are eager to tour the Bata Shoe Museum on the Probus trip on September 15th.



Garden Chat: Fourth Thursday of the month. Meet over a cup of coffee and talk about gardening, tour local gardens and share ideas and experiences.

The group visited an amazing garden in Sunderland. Wonderful gardens, hosts and afternoon iced tea and scones on the front porch. The backyard swing gave some members a chance to revisit a favourite childhood past time. (See Jiwan below.)



Note: The Garden Chat group is currently closed to new members.

Genealogy: Bring your laptops/ tablets to the Courtice library with free access to ancestry.com. Meet on the third Monday of the month to share tips and help each other with their searches and socialize. **Contact Lorraine Veroba**

<u>Global Destinations:</u> Members share their experiences of travel destinations around the globe. Fourth Friday of the month 4 to 6 pm. *Contact Victoria Girling*

<u>Golf:</u> May – October. Meet every Tuesday at Stonehenge Golf club for a friendly round of golf. Lunch afterwards for those interested. *Contact George Aitken*

<u>Hiking:</u> April – October, Time: 10 am. Meet on the 2nd and 4th Wednesday of the month to hike approximately 2 hours or 5 km at a slow pace. Dogs on leash welcome. **Contact John Windatt**

Lunch Meet: First Wednesday of the month after the Probus meeting. Contact Liola Limeback

<u>Men's Book Club</u> - Meets the second Thursday of the month. **Contact Dave Durbin**

Movie Club: Third

Tuesday of the month. Meet for a matinee movie with a discussion to follow at a local restaurant. Movies will be chosen by members. **Contact Rhonda Wraith**

Premiere Crew – A wine tasting group that meets every 6 to 8 weeks in members' homes. Half the members bring a bottle of wine, and the other half bring appetizers to match with the wine and the theme chosen by the host. Contact Kathleen Brear Scrapbooking: Meets the third Thursday of the month 6:30 pm, at members homes. Contact Nelly Van Veldhuizen



<u>Urban Walking:</u> Meet the first and the third Friday of the month. Members meet at various Clarington locations.





PROBUS Profile: Karen Cashin

Karen has been our speaker chair since the inception of our club. She has been re-focused (does not use that other word) for the last three years. This has given her the opportunity to spend time on what she likes, mostly. Years in social services both on the front line and management and teaching have prepared her for this "refocusing" time.

Photography is big on her list as is sailing with her husband on their vintage sailboat out of Whitby yacht club.

Karen enjoys her garden and likes to produce unusual flowers and fauna. Not perfect but interesting.

Volunteering is a natural stance for our Speaker chair. She has been involved with Business and Professional Women for a number of years and is currently the Program Chair of the Bowmanville Chapter. She has also been a member of the Port Hope and Area Initiative Citizens Liaison Group for the last three years, entertainment coordinator at the WYC, Chair of Whitchurch Stouffville Chamber of Commerce and DBA, Community Liaison at YMCA of Greater Toronto and York Region District School Board.

For more information on Urban Walking, *Contact Lynn Hooper*

What's for Dinner: Gourmet Potluck Dinner Club to be held monthly at members' homes. Contact Dawn Aitken

Number 1 Ladies Book Club: Meets the second Thursday of the month. This group is currently closed to new members.

<u>Ukulele Group:</u> New group, meeting dates starting in the Fall 2018. *Contact Susan Wood.*



Karen Cashin

In another life, Karen was one of the catalysts in the Early Childhood Education development of the guidelines that support the field today.

Karen projects her strong political views into support for both the Federal and Provincial Liberal Party. She is President of the Northumberland Peterborough Federal Liberal Riding Association and is an active member of the provincial association.

Karen has qualifications in Early Childhood Education, Community and Social services, Business Management, Adult Education and Volunteer Development.

For contact information for the PROBUS Management Committee, please visit www.probusclarington.com

Social Events

Your Social Committee continues to offer adventure and fun and opportunities for camaraderie.

Saturday September 18 - Bata Shoe Museum \$14.00

Discover the treasures of North America's world-renowned Shoe Museum. Located at St George & Bloor in Toronto the museum has over 1000 pairs of shoes and related artifacts in architect Raymond Morayama's award winning five-story structure. Footwear on display ranges from Chinese bound foot shoes and ancient Egyptian sandals to chestnut-crushing clogs and glamorous platforms. A retrospective of Manolo Blahnik 'The Art of the Shoe" is currently hosted by the Museum.



Tour is booked for 11:00 am. Lunch at a nearby restaurant if you wish. More details will be sent to you by email with respect to suggested GO train times and lunch location (most likely within walking distance of Museum).

Sign up deadline: Wednesday September 5.

Saturday September 22 - Port Perry House Tour 10 am to 4 pm, \$25.00



A charitable event with proceeds supporting five Port Perry organizations. You will see a variety of homes and gardens in beautiful and historic Port Perry. Prince Albert and surrounding areas.

Wednesday September 26 - Regional Extravaganza! \$27.00 for members, \$33.00 for guests, 4 to 9 pm

Connecting PROBUS Clubs in Durham. All 8 Clubs are participating! At the Jubilee Pavilion, 55 Lakeview Park Ave. in Oshawa. Live Entertainment, DJ, BBQ at 5:00, Cash Bar. Western theme so wear your jeans and cowboy hats. Food served inside the Jubilee Pavilion.



Thursday October 11 - Creative Festival \$69.00

The first stop is the Len's Mill Store in Toronto for its incredible fabrics. Then head off to the Fall 2018 Creativ Festival at the International Centre in Mississauga. Indulge your creativity and passion for sewing, knitting, beading and other creative art forms. No meals included. Offered by Lakeshore Tours and Travel.Bus Leaves Bowmanville at 8:45.

Tuesday October 30 - Trivia Night - A

PROBUS Clarington big-brain favourite. More details to follow but put it in your calendar now.

Saturday November 10 - Close to Home Shopping \$53.00

Visit Bradford Greenhouses, Cookstown Outlet Mall where you can enjoy lunch on your own, and finish of at the William Ashley Warehouse Sale. Offered by Lakeshore Tours and Travel. Departs Bowmanville at 8:00 am

Wednesday December 5, - Christmas Luncheon at Bobby C's \$25.00

Got Talent ? Anyone with any level of musical or entertainment talent is welcomed to join in on the fun. Please call Dawn or any other social committee member for more information.



Tuesday December 11 - Old Time Christmas \$115.00, departs 9:30 am

Appreciate history with tours of the Spadina Museum, and Casa Loma, which will be decorated in Christmas splendour. Includes a buffet lunch at the historical Old Mill. Offered by Lakeshore Tours and Travel.

Wednesday December 12 - A Christmas Carol \$159.00

Enjoy time with Ebenezer Scrooge at the historic Royal George Theatre in Niagara on the Lake, includes dinner at Hernder Estate Winery following the Performance. Offered by Lakeshore Travel and Tours - Bus departs Bowmanville at 8:45 am.

For information on upcoming events, please visit the Social Events table at the September General Meeting, or check out the events online at <u>http://</u>probusclarington.com/social-events

Friends and family are always welcome to join Social Group outings. Interest Groups are for PROBUS members only.

A "Scent"sitive Issue

Perfumes, body sprays and men's colognes can trigger serious allergic reactions for some of our members.

Please refrain from wearing scented products to General Meetings and ask your guests to do the same. Thank you!

Coffee, Tea or Free?

Double your money and save money, too. Proceeds from the Share the Wealth ticket sales will be used towards covering the cost of tea and coffee.

Members who don't like to purchase Share the Wealth tickets can also make a donation to the coffee fund jar.

Thank you!

Welcome New Members

A very special welcome to the newest members of our PROBUS family.

- Elizabeth Jobb
- Shelley Azzano
- Wenda Kirby
- Marg Allen

Book Exchange

PROBUS members are invited to bring current titles that they would like to share, or to pick up a book that looks interesting. Members are not required to bring a book in order to pick one up

Please note: Unclaimed books will be donated to Clarington Public Library.

Of Interest

Of Interest articles are for general knowledge only. PROBUS Clarington can't promote goods or services.



Members are invited to submit links to articles that they think might be of interest to fellow PROBUS members.

Help Wanted

Help Wanted postings are for members who are looking for items (seasonal equipment, cottages for rent) or services (e.g. lawn cutting, house sitting, dog walking).



Member Milestones

If you have a Milestone you'd like to share, please send an email, along with a photo and caption, to Suzanne Elston.

Photo Gallery

Every picture tells a story. Send us photos of your PROBUS events to share with members.

Please remember to include a caption describing where you are and what you're up to!

This month, we leave the parting shot to Allan the groundhog, the goodwill ambassador for Soper Creek Wildlife Reserve.



Allan was our special guest at the August PROBUS meeting. If you missed Stephanie's presentation, or would like to donate to the Soper Creek Wildlife Reserve, visit <u>https://</u> www.sopercreekwildlife.com